

Unit 1: Nervous System (Mission: LaToya Fredricks)

- Topic 1: Principles of Hair Care
- Topic 2: Exercise and Your Health
- Topic 3: Facts and Myths about Alcohol Use
- Topic 4: Health Professionals in Care of the Nervous System
- Topic 5: Disorders of the Nervous System
- Topic 6: Alcohol Use and Abuse Among Teenagers
- Topic 7: Nutrition and Your Nervous System
- Topic 8: Alcoholism: Causes, Addiction and Recovery
- Topic 9: Diseases of the Nervous System
- Topic 10: Parts and Functions of the Nervous System

Unit Activities:

- 10 Topic Self-Checks
- Self-Check Diagram: Parts of The Nervous System

Unit Assignments and Assessments:

- Unit 1 Exam

Unit 2: Cardiovascular and Lymphatic Systems (Emilio Sanchez)

- Topic 1: Eye Care and Vision
- Topic 2: Exercise and Your Heart
- Topic 3: Facts and Myths about Disease, Weight and Your Heart
- Topic 4: Health Professionals in Cardiovascular Care
- Topic 5: Disorders of the Cardiovascular and Lymphatic Systems
- Topic 6: Preventing and Treating Heart Disease
- Topic 7: Nutrition and Your Heart
- Topic 8: Prescription Drugs, Your Body and Your Heart
- Topic 9: Diseases of the Heart
- Topic 10: Parts and Functions of the Cardiovascular and Lymphatic Systems

Unit Activities:

- 10 Topic Self-Checks
- Self-Check Diagram: Parts of the Eye
- Self-Check Diagram: Parts of the Heart
- Self-Check Diagram: Parts of the Cardiovascular System

Unit Assignments and Assessments:

- Unit 2 Exam

Unit 3: Reproductive System (Mission: Sirli Obradovic)

- Topic 1: Principles of Nail Care
- Topic 2: Principles of Exercise, Fitness, Health and Wellness
- Topic 3: Facts and Myths about Infectious Diseases, Sexually Transmitted Diseases and Wellness
- Topic 4: Health Professionals in Nail and Reproductive Care
- Topic 5: Disorders of the Female and Male Reproductive Systems

- Topic 6: Caring for the Reproductive System and Preventing Illness**
- Topic 7: Diet and Nutrition for Special Needs**
- Topic 8: Types of and Uses for Over the Counter Drugs**
- Topic 9: Sexually Transmitted Diseases and Other Diseases of the Reproductive System**
- Topic 10: Parts and Functions of the Female and Male Reproductive Systems**

Unit Activities:

- 10 Topic Self-Checks
- Self-Check Diagram: Parts of Male and Female Reproductive Systems

Unit Assessment:

- Unit 3 Exam

Unit 4: Respiratory System (Mission: Wendy Soto)

- Topic 1: Physical Effects of Tobacco Use**
- Topic 2: Principles, Elements and Benefits of Exercise**
- Topic 3: Facts and Myths about Tobacco**
- Topic 4: Health Professionals in Respiratory Care**
- Topic 5: Disorders of the Respiratory System**
- Topic 6: Tobacco Use and Addiction**
- Topic 7: Nutritional Guidelines and the Food Pyramid**
- Topic 8: Tobacco, Marijuana and Other Illegal Drugs**
- Topic 9: Cancer and other Diseases caused by Tobacco Use**
- Topic 10: Parts and Functions of the Respiratory System**

Unit Activities:

- 10 Topic Self-Checks
- Self-Check Diagram: Parts of the Respiratory System

Unit Assessment:

- Unit 4 Exam

Unit 5: Muscular and Excretory Systems (Mission: Bobby Lee Jones)

- Topic 1: Anatomy and Care of the Skin**
- Topic 2: Exercise Related Injury**
- Topic 3: Facts and Myths about Skin and Body Sensations, Drugs and Wellness**
- Topic 4: Health Professionals in Skin, Muscular and Excretory Care, Congenital Disease and Steroid Abuse**
- Topic 5: Disorders of the Muscular or Excretory Systems**
- Topic 6: Preventing Injury to the Muscular and Excretory Systems**
- Topic 7: Nutrition, Food Labels and Food Poisoning**
- Topic 8: Anabolic Steroids and Other Performance Enhancing Drugs**
- Topic 9: Types and Causes of Non-Infectious and Congenital Diseases**
- Topic 10: Parts and Functions of the Muscular and Excretory Systems**

Unit Activities:

- 10 Topic Self-Checks
- Self-Check Diagram: Parts of the Skin
- Self-Check Diagram: Parts of the Muscular and Excretory Systems

Unit Assessment:

- Unit 5 Exam

Unit 6: Digestive System (Mission: Brandy Smith)

Topic 1: Oral Development and Care

Topic 2: Characteristics and Types of Exercise

Topic 3: Facts and Myths about Nutrition, HIV and AIDS

Topic 4: Health Professionals in the Care of the Digestive System, Teeth, Eating Disorders and AIDS

Topic 5: The History and Progression of and Testing for AIDS

Topic 6: Dental Care and Reducing the Risk of AIDS and STDs

Topic 7: Nutritional Influences and Types of Eating Disorders

Topic 8: Effects of Drug Use, Misuse and Abuse

Topic 9: Types and Causes of Autoimmune Diseases, STDs and AIDS

Topic 10: Parts and Functions of the Digestive System

Unit Activities:

- 10 Topic Self-Checks
- Self-Check Diagram: Parts of the Tooth
- Self-Check Diagram: Parts of the Digestive System

Unit Assessment:

- Unit 6 Exam

Unit 7: Endocrine System (Mission: Susan Birdsong)

Topic 1: Anatomy and Care of the Ear

Topic 2: Avoiding and Treating Exercise Related Injuries

Topic 3: Facts and Myths about Fitness, Drugs and Nutrition

Topic 4: Health Professionals in the Care of Endocrinology, the Ear and Hereditary Disease

Topic 5: Disorders of the Endocrine System

Topic 6: Nutrition and Food Choice

Topic 7: Essential Nutrients, Carbohydrates and Proteins

Topic 8: The Effects of Caffeine, Inhalants, Stimulants and Amphetamines

Topic 9: Types and Causes of Non-Infectious and Hereditary Diseases

Topic 10: Parts and Functions of the Endocrine System

Unit Activities:

- 10 Topic Self-Checks
- Self-Check Diagram: Parts of the Endocrine System

Unit Assessment:

- Unit 7 Exam

Unit 8: Skeletal System (Mission: Rasheed Williams)

Topic 1: Principles of Nose Care and the Spread of Infectious Disease

Topic 2: Exercise and Sleep

Topic 3: Facts and Myths about Infectious Diseases and Drugs

Topic 4: Health Professionals in the Care of the Skeletal System, Infectious Disease and Drug Abuse

Topic 5: Disorders of the Skeletal System and the Effects of Cocaine/Crack Addiction

Topic 6: Defending Against Disease and Understanding Signs of Addiction

Topic 7: Seven Rules for Proper Nutrition

Topic 8: Distinguishing Illegal and Unrecognized Drugs

Topic 9: Types and Causes of Bacterial and Viral Diseases

Topic 10: Parts and Functions of the Skeletal System

Unit Activities:

- 10 Topic Self-Checks
- Self-Check Diagram: Parts of the Skeletal System

Unit Assessment:

- Unit 8 Exam

Final Project:

- Research Project (Option 1): Nutrition
- Research Project (Option 2): Exercise
- Research Project (Option 3): Illegal Drugs
- Research Project (Option 4): Sexually Transmitted Disease